



## **Monthly Affiliate Meeting\*** **1st Thursday of Every Month, 6:00 - 8:00 pm**

**June 1, 2017 Topic will be:**  
**Mental Health Research in the Omaha Area**  
**by Premier Psychiatric Research Institute**

Clinical research is important to help advance and improve healthcare. Those who choose to participate in research trials are not only seeking to find a better treatment for themselves, they are helping to find better treatments for others in the future. The label “*FDA (Food and Drug Administration) approved for use*” starts with clinical trials to determine the effectiveness and safety of treatment. This month’s presentation will address what a clinical research trial consists of why they are important. Research trials that are currently being conducted at Premier Psychiatric Research Institute—and how individuals can get involved in them—will also be discussed.

Our presenters will be Kelly Espenschade, LMHP (Clinical Research Manager) and Soujanya Parvataneni, MD, MBA (Medical Research Coordinator) at [Premier Psychiatric Research Institute](#). Kelly and Anya work under the supervision of Dr. Walter Duffy, a board-certified child, adolescent and adult psychiatrist who has been the principal investigator in over 70 clinical trials over the past twelve years. Dr. Duffy and his research team have conducted pharmaceutical, device (TMS; Transcranial Magnetic Stimulation), and pharmacogenetic clinical trials for the following indications: Major Depressive Disorder, Bipolar Disorder, Schizophrenia, Tourette Syndrome, Tardive Dyskinesia, Generalized Anxiety Disorder, Post-Traumatic Stress Disorder, Attention Deficit Hyperactivity Disorder, Lewy Body Dementia, Parkinson’s Disease Dementia, and Autism.

**\*Please Note our New Location Beginning in February 2017:**

***First United Methodist Church, 7020 Cass St., Omaha***

***Park in the lots on the East or North side of the church (just off 69th St).***

***Enter through Door 4 or 6 and proceed to Room 112. Signs will direct you to Room 112.***

*A light meal will be provided, and meetings are free for anyone interested. Please Join us to find out about the work of NAMI Omaha and to share and receive support from others who are impacted by mental illness. In the event Omaha Public Schools are closed due to weather, the meeting will be cancelled or rescheduled.*

*NAMI OMAHA is affiliated with the NATIONAL ALLIANCE ON MENTAL ILLNESS (the nation’s largest grassroots mental health organization) and is dedicated to improving the lives of individuals and families affected by mental illness. Please visit the [NAMI](#) and [NAMI Omaha](#) websites for further information about support programs or call [NAMI Nebraska](#) at (402) 345-8101 for details.*

### **Tentative Schedule of Future Meeting Topics:**

- Jul 6:** CITI (Crisis Intervention Teams) Training and Interventions
- Aug 3:** First Episode Psychosis Treatment & other Mental Health Research by Creighton Psychiatry
- Sep 7:** Report from NAMI National Convention
- Oct 5:** Updates in Children’s Mental Health Issues and Treatments
- Nov 2:** QPR Suicide Prevention Training
- Dec 7:** Understanding and Managing Our Emotional World, Clarkson College Student Support Team



<http://www.namiomaha.org>

